

The Statesman

Fit India week at IIT Bhubaneswar



STATESMAN NEWS SERVICE
BHUBANESWAR, 23 JANUARY:

Indian Institute of Technology (IIT) Bhubaneswar, has organized a series of sports and fitness activities during the Fit India Week, held from 15 January.

The Fit India Week at IIT Bhubaneswar began with a Mini Marathon flagged off by Prof. Shreepad Karmalkar, Director of the Institute, in the presence of Bamadev Acharya, Registrar. Various sports and fitness activities including basketball, volleyball, table tennis, badminton, cricket, lawn tennis, football and athletics were also organized during the week. A yogathon was also held as part of the week-long observation.

Students, faculty members and staff of the Institute participated in these activities.

The Statesman
Date: 24 January 2024

IIT BBS HOLDS FIT INDIA WEEK

Bhubaneswar: The Indian Institute of Technology (IIT) Bhubaneswar organised a series of sports and fitness activities during the Fit India Week held from January 15 to 22. It aimed to bring about behavioural changes and move towards



a more physically-active lifestyle. The week at IIT Bhubaneswar began with a Mini Marathon on January 15. Director of the institute Prof Shreepad Karmalkar flagged off the marathon. Registrar Bamadev Acharya gave away prizes to the winners of the run. Various sports and fitness activities including basketball, volleyball, table tennis, badminton, cricket, lawn tennis, football and athletics were organised during the week. A yogathon was also held.

AROUND ODISHA

IIT Bhubaneswar organizes an array of sports and fitness activities during Fit India Week

Bhubaneswar, (AoBureau): Indian Institute of Technology (IIT) Bhubaneswar, has organized a series of sports and fitness activities during the Fit India Week, held from 15th to 22nd January 2024. The Fit India Week is a part of the Fit India Movement spearheaded by the Union Ministry of Sports & Youth Affairs since the year 2019, with an objective to make fitness an integral part of our daily lives. The mission of the Movement is to bring about behavioural changes and move towards a more physically active lifestyle. As part of



this initiative, the educational institutions across the country, under the Ministry of Education, Govt. of India are also observing the week with great enthusiasm. The Fit India Week at IIT Bhubaneswar began with a Mini Marathon held on 15th January 2024. Prof. Shreepad Karmalkar, Director of the Institute, flagged off the minimarathon. Shri Bamadev Acharya, Registrar was also present on the occasion and handed

over prizes to the winners of the run. Various sports and fitness activities including basketball, volleyball, table tennis, badminton, cricket, lawn tennis, football and athletics were also organized during the week. A yogathon was also held as part of the week-long observation. The motto of organizing these activities was to inculcate the value of health and fitness for a better life among the students and members of the institute.

The Around Odisha
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Link: <https://indiaeducationdiary.in/iit-bhubaneswar-organizes-an-array-of-sports-and-fitness-activities-during-fit-india-week/>

ଓଡ଼ିଶାର ଏକମାତ୍ର ନିରପେକ୍ଷ ଦୈନିକ

ପ୍ରଗତିବାଦୀ

ପ୍ରତିଷ୍ଠାତା ପ୍ରଫୁଲ୍ଲ ବଳ ■ FOUNDER PRADYUMNA BAL

PRAGATIVADI



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Link: <https://pragativadi.com/iit-bhubaneswar-organizes-array-of-sports-and-fitness-activities-during-fit-india-week/>

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Link: <https://www.prameyanews.com/iit-bhubaneswar-organizes-an-array-of-sports-and-fitness-activities-during-fit-india-week>



Indus Valley Times

The voice and vibes of Odisha

IIT BHUBANESWAR ORGANIZES AN ARRAY OF SPORTS AND FITNESS ACTIVITIES DURING FIT INDIA WEEK

Bhubaneswar, Jan.24: Indian Institute of Technology (IIT) Bhubaneswar, has organized a series of sports and fitness activities during the Fit India Week, held from 15th to 22nd January 2024. The Fit India Week is a part of the Fit India Movement spearheaded by the Union Ministry of Sports & Youth Affairs since the year 2019, with an objective to make fitness an integral part of our daily lives. The mission of the Movement is to bring about behavioural changes and move towards a more physically active lifestyle. As part of this initiative, the educational institutions across the country, under the Ministry of Education, Govt. of India are also observing the week with great enthusiasm.

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Link: <https://indusvalleytimes.com/news/iit-bhubaneswar-organizes-an-array-of-sports-and-fitness-activities-during-fit-india-week/>

IIT Bhubaneswar organizes an array of sports and fitness activities during Fit India Week



Fit India Yogathon

Bhubaneswar, 23rd January 2024:

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Fit India Mini Marathon

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Students, faculty members, and staff of the Institute participated in these activities in a large number. Dr. Bankim Chandra Mandal, Nodal Officer, FIT India Movement coordinated the programme.

Link: <https://ibgnews.com/2024/01/25/iit-bhubaneswar-organizes-an-array-of-sports-and-fitness-activities-during-fit-india-week/>



୨୩ ଜାନୁଆରୀ ୨୦୨୪ (ଓଡ଼ିଶା ତାଜା ନିୟୁଜ) ଖୋର୍ଦ୍ଧା-ଜଟଣୀ :-> ଇଣ୍ଡିଆନ୍ ଇନଷ୍ଟିଚ୍ୟୁଟ୍ ଅଫ୍ ଟେକ୍ନୋଲୋଜି (ଆଇଆଇଟି) ଭୁବନେଶ୍ୱର ୧୫ ରୁ ୨୨ ଜାନୁୟାରୀ ୨୦୨୪ ପର୍ଯ୍ୟନ୍ତ ଫିଟ୍ ଇଣ୍ଡିଆ ସପ୍ତାହରେ କ୍ରୀଡା ଏବଂ ଫିଟନେସ୍ କାର୍ଯ୍ୟକଳାପର ଆୟୋଜନ କରିଛି । ସପ୍ତାହ ହେଉଛି ଫିଟ୍ ଇଣ୍ଡିଆ ଆନ୍ଦୋଳନର ଏକ ଅଂଶ ଯାହାକି ୨୦୧୯ ମସିହାରୁ କେନ୍ଦ୍ର କ୍ରୀଡା ଏବଂ ଯୁବ ବ୍ୟାପାର ମନ୍ତ୍ରଣାଳୟ ଦ୍ୱାରା ପରିଚାଳିତ, ଫିଟନେସକୁ ଆମର ଦୈନନ୍ଦିନ ଜୀବନର ଏକ ଅବିଚ୍ଛେଦ୍ୟ ଅଙ୍ଗ କରିବା ଉଦ୍ଦେଶ୍ୟରେ ଏହି ଆଚରଣର ଲକ୍ଷ୍ୟ ହେଉଛି, ଆଚରଣ ଗତ ପରିବର୍ତ୍ତନ ଆଣିବା ଏବଂ ଆଗକୁ ଯିବା।



ଅଧିକ ଶାରୀରିକ ସକ୍ରିୟ ଜୀବନ ସୈଳୀ ଏହି ପଦକ୍ଷେପର ଏକ ଅଂଶ ଭାବରେ ଭାରତର ଶିକ୍ଷା ମନ୍ତ୍ରାଳୟ ଅଧୀନରେ ଥିବା ଦେଶର ଶିକ୍ଷାନୁଷ୍ଠାନ ଗୁଡ଼ିକ ମଧ୍ୟ ଉତ୍ସାହର ସହିତ ସପ୍ତାହ ପାଳନ କରୁଛନ୍ତି, ଆଇଆଇଟି ଭୁବନେଶ୍ୱରରେ ଫିଟ୍ ଇଣ୍ଡିଆ ସପ୍ତାହ ୧୫ ଜାନୁୟାରୀ ୨୦୨୪ ରେ ଏକ ମିନି ମାରାଥନ୍ ସହିତ ଆରମ୍ଭ ହୋଇଥିଲା।

ଏହି ମିନି ମାରାଥନରେ ଶ୍ରୀପଦ୍ କର୍ମାଳୟ ନିର୍ଦ୍ଦେଶକ ଆଇ,ଆଇ,ଟି ଏବଂ ଶ୍ରୀ ବାମଦେବ ଆଚାର୍ଯ୍ୟ ରେଜିଷ୍ଟ୍ରାର ମଧ୍ୟ ଉପସ୍ଥିତ ଥିଲେ। ଏବଂ ବାଞ୍ଛେଟବଲ୍, ଭଲିବଲ୍, ଟେବୁଲ୍ ଟେନିସ୍, ବ୍ୟାଡମିଣ୍ଟନ୍, କ୍ରିକେଟ୍, ଲନ୍ ଟେନିସ୍, ପୁଟବଲ୍ ଏବଂ ଆଥଲେଟିକ୍ସ ସହିତ ବିଭିନ୍ନ କ୍ରୀଡା ଏବଂ ଫିଟନେସ୍ କାର୍ଯ୍ୟକଳାପର ବିଜ୍ଞେତାମାନଙ୍କୁ ପୁରସ୍କାର ବିତରଣ କରିଥିଲେ।



ସପ୍ତାହରେ ଆୟୋଜିତ ଏକ ଯୋଗାଣ ମଧ୍ୟ ସପ୍ତାହବ୍ୟାପୀ ପର୍ଯ୍ୟବେକ୍ଷଣର ଏକ ଅଂଶ ଭାବରେ ଅନୁଷ୍ଠିତ ହୋଇଥିଲା। ଏହି କାର୍ଯ୍ୟ କଳାପ ଗୁଡ଼ିକର ଆୟୋଜନ କରିବାର ଉଦ୍ଦେଶ୍ୟ ଥିଲା ଛାତ୍ର ତଥା ଶିକ୍ଷାନୁଷ୍ଠାନର ଅଧ୍ୟାପିକା/ଅଧ୍ୟାପକ, ଛାତ୍ର, ଛାତ୍ରୀ ମାନଙ୍କ ମଧ୍ୟରେ ଉନ୍ନତ ଜୀବନ ପାଇଁ ସ୍ୱାସ୍ଥ୍ୟ ଏବଂ ଫିଟନେସ୍ ମୂଲ୍ୟ ବୃଦ୍ଧି କରିବା । ତତ୍ପରେ ବର୍ତ୍ତମାନ ଚନ୍ଦ୍ର ମଣ୍ଡଳ ନୋଡାଲ ଅଫିସର ଏଫଆଇଟି ଇଣ୍ଡିଆ ଆୟୋଜନ ଏହି କାର୍ଯ୍ୟକ୍ରମରେ ସଂଯୋଜନା କରିଥିଲେ।

Link: <https://odishatazanews.com/?p=133122>

ଓଡ଼ିଶାର ଏକମାତ୍ର ନିରପେକ୍ଷ ଦୈନିକ

ପ୍ରଗତିବାଦୀ

ପ୍ରତିଷ୍ଠାତା ପ୍ରଫୁଲ୍ଲ ବକ୍ସ ■ FOUNDER PRADYUMNA BAL

PRAGATIVADI

ଆଇଆଇଟିରେ କ୍ରୀଡ଼ା ଓ ପିଟନେସ କାର୍ଯ୍ୟକ୍ରମ

■ ଇଟିଆ, ୨୩୧୨ (ପିଏନଏସ)

ଭାରତୀୟ ପ୍ରଯୁକ୍ତିବିଦ୍ୟା ପ୍ରତିଷ୍ଠାନ(ଆଇଆଇଟି) ଭୁବନେଶ୍ୱର ପକ୍ଷରୁ ୧୫ ରୁ ୨୨ ତାରିଖ ପର୍ଯ୍ୟନ୍ତ ଅନୁଷ୍ଠିତ ପିଟ୍ ଇଣ୍ଡିଆ ସପ୍ତାହ ଅବସରରେ ବିଭିନ୍ନ କ୍ରୀଡ଼ା ଓ ପିଟନେସ ସମ୍ବନ୍ଧୀୟ କାର୍ଯ୍ୟକ୍ରମ ଆୟୋଜିତ ହୋଇଯାଇଛି । କେନ୍ଦ୍ର କ୍ରୀଡ଼ା ଓ ସ୍ପୋର୍ଟସ ବିଭାଗର ମହାକର୍ତ୍ତା ପକ୍ଷରୁ ୨୦୧୯ ମସିହାଠାରୁ ପିଟ୍ ଇଣ୍ଡିଆ ପ୍ରତିଷ୍ଠାନର ଅଧିକାରୀଙ୍କ ଦ୍ୱାରା ପ୍ରସ୍ତୁତ ହୋଇଛି । ଏହି ପଦକ୍ଷେପର ଅନ୍ତର୍ଗତ ଶିକ୍ଷା ମନ୍ତ୍ରାଳୟ ଅଧିକାରୀଙ୍କ ଦ୍ୱାରା ପ୍ରଦତ୍ତ ଭାରତର ଶିକ୍ଷାନୁଷ୍ଠାନସମୂହ ଏହି ସପ୍ତାହ ପାଇଁ ନିର୍ଦ୍ଦିଷ୍ଟ କାର୍ଯ୍ୟକ୍ରମ ପ୍ରସ୍ତୁତ କରିଛନ୍ତି । ଆଇଆଇଟି ଭୁବନେଶ୍ୱରରେ



ଜାନୁୟାରୀ ୧୫ ତାରିଖରେ ଏକ ମିଳି ମାରାଥନ୍ ସହ ପିଟ୍ ଇଣ୍ଡିଆ ସପ୍ତାହର ଶୁଭାରମ୍ଭ ହୋଇଥିଲା । ପ୍ରତିଷ୍ଠାନର ନିର୍ଦ୍ଦେଶକ ପ୍ରଫୁଲ୍ଲ ବକ୍ସ ଶ୍ରୀଯୁକ୍ତ କର୍ମାଳଙ୍କର ଏହି ମିଳି ମାରାଥନ୍ ପ୍ରସ୍ତୁତ ହୋଇଥିଲା । ରେଜିଷ୍ଟ୍ରାର ବାମଦେବ ଆଚାର୍ଯ୍ୟ ମଧ୍ୟ

ଏହି ଅବସରରେ ଯୋଗ ଦେଇ ବିଜେତାମାନଙ୍କୁ ପୁରସ୍କାର ବିତରଣ କରିଥିଲେ । ପିଟ୍ ଇଣ୍ଡିଆ ସପ୍ତାହରେ ଆଇଆଇଟି ଭୁବନେଶ୍ୱରରେ ବାସ୍କେଟ୍‌ବଲ୍, ଭଲିବଲ୍, ଟେବୁଲ୍ ଟେନିସ୍, ବ୍ୟାଡମିଣ୍ଟନ, କ୍ରିକେଟ୍, କର୍ ଟେନିସ୍, ପୁରୁଲ ଓ

ଆଥଲେଟିକ୍ସ ଆଦି ବିଭିନ୍ନ କ୍ରୀଡ଼ାବିଧି କାର୍ଯ୍ୟକ୍ରମ ଅନୁଷ୍ଠିତ ହୋଇଥିଲା । ଏହି ଅବସରରେ ଏକ ଯୋଗାଅନ୍ ମଧ୍ୟ ଆୟୋଜିତ ହୋଇଥିଲା । ଏହି କାର୍ଯ୍ୟକ୍ରମରୁ ଆଇଆଇଟିର ମୁଖ୍ୟ ଉଦ୍ଦେଶ୍ୟ ଥିଲା ପ୍ରତିଷ୍ଠାନର ଛାତ୍ରଛାତ୍ରୀ ଓ ସହଯୋଗୀମାନଙ୍କ ମଧ୍ୟରେ ଏକ ଉତ୍ତମ ଜୀବନ ଲାଗି ସ୍ୱାସ୍ଥ୍ୟ ଓ ପିଟନେସର ମୂଲ୍ୟ ବୁଝିକରିବା । ଏହି ସପ୍ତାହସମୟରେ ଆଇଆଇଟି ଭୁବନେଶ୍ୱରର ଛାତ୍ରଛାତ୍ରୀ, ପାକର୍ମି ଓ କର୍ମଚାରୀମାନେ ବହୁ ସଫଳତାରେ ଅଂଶଗ୍ରହଣ କରିଥିଲେ । ପିଟ୍ ଇଣ୍ଡିଆ ପ୍ରତିଷ୍ଠାନର ନୋଡାଲ ଅଧିକାରୀ ଡଃ ବୈଦ୍ୟ ଚନ୍ଦ୍ର ମଣ୍ଡଳ ଏହି କାର୍ଯ୍ୟକ୍ରମର ପରିଚାଳନା କରିଥିଲେ ।

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